



Stories of Hope: Living in serenity with chronic pain and chronic illness

Chronic Pain Anonymous Service Board

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Written by members of the Chronic Pain Anonymous Twelve Step fellowship, STORIES OF HOPE presents the tools and principles of the Twelve Steps as catalysts for emotional, mental and spiritual transformation. Each of the courageous men and women who contributed to this collection shares their journey from despair to hope. You will discover, through the truth of their experiences, how it is possible to live in happiness and contentment, one day at a time, regardless of your chronic pain or chronic illness.

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