



30 Freezer Meals for Your Slow Cooker: A month of meals from Apron Free Cooking

Noel Lizotte

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Freezer meals are the hottest thing! With a little planning and preparation, you can use your freezer to cook hot, homemade meals for your family - even on the busiest nights! 30 Freezer Meals for Your Slow Cooker is a cookbook full of recipes from the Apron Free Cooking weekly newspaper column and blog. The recipes are easy to prepare and are sure to be loved by your family. The 30 recipes result in 37 meals - that's more than a month's worth of dinners, just waiting in your freezer to be cooked in the slow cooker! Dinner's Ready! Recipes include: Prize Winning Chili Hearty Beef Stew Italian Chicken BBQ Pork ...and more!

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