

# Marty Noble's Mindful Mazes Adult Coloring Book: Art Nouveau Animals: 48 Engaging Mazes That Will Challenge Your Creativity and Wisdom!

Marty Noble

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Welcome to the evolution of adult coloring! New York Times bestselling illustrator Marty Noble has added a new dimension to the coloring craze: mazes! Cut out some of the stress from your daily life in this fun and innovative new series as you color and navigate your way through the hidden twists and turns of these elaborate labyrinths.

Created for the artist and inspired by art nouveau, Marty Noble's Mindful Mazes: Art Nouveau Animals features forty-four black-and-white illustrations of sinuous animal scenes for you to decorate and immerse in color. However, the true fun lies within: cleverly disguised in each of these beautiful outlines is a complex, underlying maze for colorists to solve, if they so choose. These intricate puzzles add another way to easily access and practice mindfulness, and diminish some of the anxiety in your life.

This book includes an answer key for the mazes as well as perforated pages printed on one side so colorists can easily remove and display their masterpieces! So grab your colored pencils and a copy of Marty Noble's Mindful Mazes: Art Nouveau Animals and find the end of stress and the beginning of relaxation!



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