



# Pro Motocross & Off-Road Riding Techniques

*Donnie Bales*

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## **Pro Motocross & Off-Road Riding Techniques** Donnie Bales

Ride to win with the pros, as this updated, third edition of *Pro Motocross & Off-Road Riding Techniques* puts you in front of the pack. Advanced tips and techniques from your favorite pro riders-Ricky Carmichael, James Stewart, Danny Carlson, Chad Reed, Greg Albertyn, Ty Davis, Jeremy McGrath, Guy Cooper, Steve Lamson, and others-give you the inside line on everything from body position to brake/power slides. New action sequences of professional riders take you step-by-step through specific techniques, including double jumps, rutted corners, braking bumps, starts, and whoops.

Check out Gary Semics' riding techniques-with 10 years as a factory rider and over 20 more as a riding instructor, Semics knows motocross. His techniques and insight will improve even the most experienced rider's form.

Techniques for motocross, supercross, hare scrambles, enduro, and desert racing are all included, as well as how to tackle off-road obstacles, practice methods, a buyer's guide for gear, goggle prep, race strategy, and an extensive chapter on riding four-strokes. Whether you're an expert motocrosser or a beginning enduro racer, this new edition of *Pro Motocross & Off-Road Riding Techniques* is the hot line to improving your skills.

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