



Soft Bipolar and Soft Cyclothymia Questions and Answers: Companion to book Soft Bipolar Suffering

Charles K. Bunch Ph.D

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Soft Bipolar and Soft Cyclothymia may affect 5% of the population. That's a lot of people, so lets start gathering knowledge, resources, news, and tools. In this companion to the Soft Bipolar book, Dr. Bunch responds to many common questions and adds answers based on years of study and a bipolar treatment practice flavored with thousands of hours of deep listening to the needs of soft bipolar and soft cyclothymic sufferers. Dr. Bunch is in clinical practice as a bipolar diagnostician and therapist in Boise, Idaho. He lectures in the US and overseas and is author of several other bipolar books, including Soul of Soft Bipolar and Cyclothymia, and Soul of Soft Bipolar Cyclothymia Support Person.

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