



# **Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Tribal Floral)**

*Courtney Wegner*

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## **Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Tribal Floral)** Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Playing with family in a park, coming to see the ocean world or hanging out with buddies is thing that usually you might have done when you have spare time, after that why you don't try factor that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Tribal Floral), you are able to enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh can happen its mind hangout men. What? Still don't obtain it, oh come on its called reading friends.

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