



Practical Single Parenting

Elizabeth Matthews

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Single parenting is a difficult, lonely venture for which nothing can prepare you. Parenting is challenging enough, but when faced with the prospect of parenting without a spouse present, the challenges multiply greatly and the days may seem insurmountable. This book will give you the tools necessary to not only face those challenges, but to succeed at every turn so your children grow into strong, healthy, godly adults. You will be challenged while being encouraged to be the best parent you can be. Although this book is written to women, men who are single parents will also find the information to be powerful in improving their ability to parent their children with strength, love and hope. Elizabeth Matthews resides in Lubbock, Texas. Her daughter, Elise, is a student at the University of North Texas, and her son, Eric, is a student at Texas Tech University.

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