



**21st Century Complete Medical Guide to High  
Blood Pressure (HBP), Hypertension,  
Authoritative NIH and FDA Documents, Clinical  
References, and ... Patients and Physicians (Two  
CD-ROM Superset)**

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This up-to-date electronic book on two CD-ROMs provides the best collection available anywhere of official Federal government information and documents on the subject of high blood pressure and hypertension. This CD-ROM uses next-generation search technology that allows complete indexing and makes all files on the disc fully searchable. For patients, practical information is provided in clearly written patient education documents. For medical professionals, doctor reference tools and texts have detailed technical information and clinical background material.

High blood pressure makes the heart work too hard and contributes to atherosclerosis (hardening of the arteries). It increases the risk of heart disease and stroke, and can result in other conditions, such as congestive heart failure, kidney disease, and blindness. This thoroughly researched collection presents vital information from many authoritative sources: National Institutes of Health (NIH), National Heart, Lung, and Blood Institute (NHLBI), Centers for Disease Control (CDC), and the Food and Drug Administration (FDA). Contents include clinical and medical information, with information on risk groups, signs, symptoms, testing, diagnosis, treatment, and clinical trials. Included is the Seventh Report of the Joint National Committee on the Prevention, Detection, Evaluation, and Treatment of High Blood Pressure issued in 2003.

In addition, as a bonus we have included an encyclopedic collection of general medical and health documents – thousands of pages with extensive material from the CDC and NIH on hundreds of diseases and health topics from A to Z, along with FDA drug and medical publications, government consumer healthcare tips, disease prevention programs, dietary guidelines, and travelers' health information. Since navigating the Internet to find additional non-governmental medical information can be confusing, we've also provided our exclusive "Guide to Leading Medical Websites" with updated links to 73 of the best sites for medical information! By using weblinks on the CD-ROM, you can quickly check for the latest clinical updates directly from the government.

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physicians, and other medical professionals. (Information on this CD-ROM is NOT a substitute for professional medical advice; of course, readers are urged to consult with a professional health care provider for any suspected illness.)

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