



Living Healthy with Hepatitis C: Natural and Conventional Approaches to Recover Your Quality of Life

Harriet A. Washington

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As many as four million Americans suffer from the hepatitis C virus (HCV), but most don't even know they're infected. Here at last is the unprecedented book that smashes the myths about the disease as it offers authoritative, lifesaving information you won't find anywhere else. **Living Healthy with Hepatitis C** is your ultimate weapon against the biggest killer of all: fear. Discover new hope and help in its pages as you learn a comprehensive approach that puts you back in control of your life!

Protect yourself from acquiring HCV

Protect your loved ones from contracting it if you are infected

Benefit from the latest medical treatments, including interferon, ribavirin, and other drugs

Learn the pros and cons of alternative treatments, including herbs, supplements, and acupuncture

Use diet, lifestyle, and exercise as potent weapons against HCV

Avoid its worst consequences, including cancer and liver failure

Understand HCV, the medical treatments, lab tests, clinical trials, and much more

Take advantage of the latest breakthroughs, including a possible "magic bullet" leading to a cure

PLUS extensive resources, including books, organizations, websites, periodicals, and more

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