



# The Paradox of Countertransference: You and Me, Here and Now

*Carol Holmes*

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## **The Paradox of Countertransference: You and Me, Here and Now** Carol Holmes

This innovative text provides students and professional psychotherapists with a historical account of the core psychoanalytic concept of countertransference and the changes in its clinical application today. This book uniquely examines the fundamental principles and practice that underpin some of the major schools of psychotherapy including psychoanalysis, existential, humanistic, integrative, systemic and communicative therapy and compares the philosophies that underline these diverse schools.

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