



# Gluten Is My Bitch: Rants, Recipes, and Ridiculousness for the Gluten-Free

*April Peveteaux*

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## **Gluten Is My Bitch: Rants, Recipes, and Ridiculousness for the Gluten-Free** April Peveteaux

*Gluten Is My Bitch* offers a brutally honest and hilarious take on the realities of living a gluten-free life. As the 18 million gluten-intolerants and 3 million celiac disease sufferers in the United States can attest, living gluten-free isn't a lot of fun, but author April Peveteaux has at least managed to make it funny. Described as the "Chelsea Handler of the gluten-free set," April employs her unique sense of humor to provide the perfect guide to navigating a gluten-free life. In addition to her hysterical wisdom, she offers 40 gluten-free comfort food recipes that will make even the most frustrated gluten-intolerant smile with relief.

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