



# NeuroMuscular Taping: From Theory to Practice

*David Blow*

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## **NeuroMuscular Taping: From Theory to Practice** David Blow

This book is the most complete source of information for those learning the neuromuscular kinesiology taping technique, providing clear answers to the most frequently asked questions. When is NeuroMuscular Taping applied? How is it applied? What clinical advantages does it offer? The richly illustrated theoretical section explains the mechanism of action of NeuroMuscular Taping and the concepts of human anatomy and physiology on which it is based. The practical section contains over 100 information sheets with more than 800 images that explain both the compressive and decompressive application techniques in detail. Particular attention is paid to applications for muscles and for major pathologies. Each application is carefully explained and illustrated, step-by-step, including: anatomical notes, muscle tests, clinical applications and combined applications.

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