



Psychiatric & Mental Health Nursing

Katie Evans, Debra Nizette, Anthony O'Brien

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Psychiatric and Mental Health Nursing has established itself as Australia and New Zealand's foremost mental health nursing text and is an essential resource for all undergraduate nursing students.

This new edition has been thoroughly revised and updated to reflect current research and changing attitudes about mental health, mental health services and mental health nursing in Australia and New Zealand.

Set within a recovery and consumer-focused framework, this text provides vital information for approaching the most familiar disorders mental health nurses and students will see in clinical practice, along with helpful suggestions about what the mental health nurse can say and do to interact effectively with consumers and their families.

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Resources for Students and Instructors:

- Student practice questions
- Test bank
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- Powerful consumer story videos
- **3 new chapters:**
 - *Physical health care:* addresses the physical health of people with mental health problems and the conditions that have an association with increased risk of mental health problems
 - *Mental health promotion:* engages with the ways in which early intervention can either prevent or alleviate the effects of mental health problems
 - *Challenging behaviours:* presents a range of risk assessments specifically focused upon challenging behaviours
- **Now addresses emerging issues, such as:**
 - The transitioning of mental health care to primary care
 - The development of peer and service user led services, accreditation and credentialing
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