

Your Cardinal Connections: Heal Your Life, Emotions and Soul with the Power of Crystals

PhD, Paola Novaes Ramos



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Your Cardinal Connections offers excellent guidance, questionnaires, and specific practices to help you heal your life in any area where you feel blocked. It taps into the natural power of crystals and how they can help unlock the door to a better present and future as you become more aware of your self-connection and heal your emotions.

Inside, you will discover exactly how powerful simply holding a crystal can be as you answer valuable questions to determine if any of the six key areas of your life need healing. These areas consist of body, professional life, financial life, home, love and relationships, and spirituality. Once you've determined which area(s) need your vital attention, the book will also guide you in healing this life area so that you can have a happier and more peaceful future.

Finally, you can dive into multiple guided meditations that incorporate the use of crystals to boost your abilities and delve deeper into your journey to higher self-awareness.

With *Your Cardinal Connections*, Dr. Paola Novaes Ramos guides you through a spiritual and personal transformation while utilizing the energy and power of crystals for a gentle healing process.

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