



A Field Guide to Edible Wild Plants of Eastern and Central North America (Peterson Field Guides)

Lee Allen Peterson, Roger Tory Peterson Institute

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More than 370 edible wild plants, plus 37 poisonous look-alikes, are described here, with 400 drawings and 78 color photographs showing precisely how to recognize each species. Also included are habitat descriptions, lists of plants by season, and preparation instructions for 22 different food uses.

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