



Chinese Tea Culture: The Origin of Tea Drinking

Wang Ling

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China is the first country to grow, produce and drink tea. Over the long history of drinking tea, a special Chinese tea culture came into being. Tea is indispensable in the life of the Chinese people. It is not simply a type of drink, but a transmitter of culture, representing the philosophy, aesthetic views and way of life of the Chinese people, from which the spiritual world of the Chinese people can be discerned. This book relates the rich knowledge about Chinese tea and Chinese tea culture in terms of the origin of tea, its history, the methods and customs of drinking tea and tea drinking vessels. It explains the Chinese tea ceremony in depth and with an easy-to-understand approach and introduces the colorful teahouse culture, legends about tea, and the literature and art closely connected with tea.

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