



Gratitude Journal For Men: Be Thankful & Develop Your Attitude For Gratitude (Gratitude Journals)

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This Gratitude Journal For Men is just the notebook you need if you want to develop a more positive element to your day by developing your attitude for gratitude. Write in it everyday and start to appreciate the things that are the most meaningful in your life. This journal allows you to sit still and focus on what is important and get you in the right frame of mind. It's a paperback book measuring 6" wide x 9" in height so it's the perfect size for putting on your bedside table and writing one sentence a day. There's room for over 200 journal entries so there will be lots of insight gathered over the weeks and months as you write in it on a daily basis. There is also quotes on each page you can use to motivate you and prompt you into remembering what blessings you have in your life. Click to see inside the specially formatted pages, the journal asks one simple question a day. No fluff, no extra words, just FOCUS on one thing. It would make a great gift for men who see the cup as half empty (as opposed to half full) and tend to think more negatively. Order your Gratitude Journal for Men today and start to experience the abundant life that you deserve.

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