



Mates, Dates, and Chocolate Cheats

Cathy Hopkins

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Hey listen guys. I need you to tell me something and I want you to be really really honest . . . Sounds serious" said Nesta. "It is. I want you to tell me, do you think I've put on weight? Nesta, Lucy, and T J looked at each other. "No" said T J after a moment too long. "Not really. Well, we all did a little on the school trip. So no more than the rest of us" Izzie has always been "curvy" but since Christmas she has gained eight pounds, and nothing seems to fit anymore. In an attempt to lose weight, Izzie tries everything: one diet after another, a punishing exercise program, and every bit of conflicting advice anyone can give her. Her constant worrying about her weight causes her to lose her confidence, and she stops appreciating the things in her life that are special -- her supportive friends, the fact that she has been selected for a TV teen panel, and a cute boy at the TV studio who seems to like her just the way she is.

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From reader reviews:

Edward Strode:

A lot of people always spent their particular free time to vacation as well as go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity that's look different you can read some sort of book. It is really fun in your case. If you enjoy the book which you read you can spent the whole day to reading a book. The book Mates, Dates, and Chocolate Cheats it doesn't matter what good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. Should you did not have enough space to develop this book you can buy the e-book. You can m0ore quickly to read this book through your smart phone. The price is not too costly but this book possesses high quality.

Clara Palmer:

Reading can called mind hangout, why? Because while you are reading a book specifically book entitled Mates, Dates, and Chocolate Cheats your head will drift away trough every dimension, wandering in most aspect that maybe unknown for but surely can become your mind friends. Imaging each and every word written in a reserve then become one contact form conclusion and explanation in which maybe you never get prior to. The Mates, Dates, and Chocolate Cheats giving you one more experience more than blown away your thoughts but also giving you useful facts for your better life with this era. So now let us present to you the relaxing pattern at this point is your body and mind will likely be pleased when you are finished examining it, like winning a game. Do you want to try this extraordinary paying spare time activity?

Shelia Sepulveda:

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