



# **Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Color Burst)**

*Courtney Wegner*

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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### **From reader reviews:**

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Playing with family within a park, coming to see the sea world or hanging out with good friends is thing that usually you will have done when you have spare time, subsequently why you don't try factor that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Color Burst), it is possible to enjoy both. It is great combination right, you still would like to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't get it, oh come on its referred to as reading friends.

#### **Deborah Allen:**

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