



Stress Less Coloring - Cats: 100+ Coloring Pages for Peace and Relaxation

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A whimsical way to relieve stress!

Stress Less Coloring - Cats will inspire you to find peace and relaxation in the beauty of playful and delightful felines. By concentrating on coloring and shading any of the 100 stunning designs, you'll calm your mind in a creative, relaxing, and therapeutic way. From frolicking kittens and napping tabbies to regal lions and other wild creatures, each stress-reducing page invites you to express yourself using your own unique palette to decorate the designs.

As you bring color to paper, you'll be able to release any tension you may be feeling and enjoy each soothing moment. Whether you're new to art therapy or have been coloring for years, you'll find inner calm and creativity--one page at a time.

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From reader reviews:

Kathy Hunnicutt:

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Ruth Barnett:

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Ruth Brown:

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