

# Happy, Joyous and Free

AA Grapevine

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Getting sober can be painful and amazing, but it also can be pretty darn amusing. This collections of stories from the Grapevine shows how, in recovery, AAs have learned to laugh. It's full of light and humorous stories about our early mistakes, navigating drinking events, funny things sponsors say, interesting Twelfth-Step calls, holiday adventures and more. They remind us to not take ourselves so seriously and to always strive to be "happy, joyous & free."



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