



How to Coach A Soccer Team: Professional advice on building a winning team

Tony Carr, Rio Ferdinand

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Whether you are taking charge of a school team or have run out of ideas for what to do in your next training session, this book provides easy-to-follow drills for every aspect of the game. Whatever your players need to work on, clearly illustrated techniques will improve every part of their game and help you develop a winning team. Topics: - Skills - Warm-up routines - Tactics - Problem solving - Coaching during a game - Latest theories

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